

Personality disorder: a brief note

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PD

General characteristics

- Inflexible
- Maladaptive
- Pervasive
- One way responding
- Primarily **egocyn tonic** though distressful
- Onset-adolescence/early adulthood
- Stable-Life long
- Extensively dysfunctional

PD

Highlighting issues

- Significant prevalence- 10-15%
- Strong causal relationship with other psychiatric disorders
- Comorbidity with other disorder-unfavourable in all the ways(Rx,course,outcome,QOL)

PD

Highlighting issues

- Types-based categorically, dimensional conception is equally impressive
- Types show-less validity
- Undifferentiated or mixed presentation - common

PD

Highlighting issues

- Rx outcome-poor
- Complex and unclear psychopathology
- Controversial area in psychiatry

PD in Children and Adolescents

- Predictable its outset but usually not diagnosed before 18 years
- What are the predictive factors?

PD in Children and Adolescents

- Can be diagnosed when
 - fulfils all criteria of PD
 - long duration(at least 1year)
 - Predictive evidence of persistency, pervasiveness, and longitudinal continuity
 - not confined with any mental disorder
 - for APD, existence of CD or h/o some s/s of CD before 15 years

My observation in clinical practice

PD is

- less understood
- Under diagnosed
- Misdiagnosed
- Less counted as comorbidity

All these, negatively effect on the individuals
who suffer from it